

# Connecting New

January, 2026

Many of you are familiar with the quote from St. Irenaeus (of the second century), "The glory of God is the human person fully alive." I wonder, though, what this would actually look like for us, and I suspect that since each of us is different, how it would look would be different for each of us as well. For some, it may be dancing as though no one is watching. For another, embracing a dear one with total, loving focus. And perhaps for someone else, experiencing a pinnacle of creativity.

I pondered this question and attempted to answer it with two paintings, which I share below. Even more, however, I invite you to look within yourself to consider this question, and to ask for God's help in articulating an answer to it. Perhaps you too could express an answer visually, through painting, drawing or photography. Another approach is to embrace this message as a daily practice by asking each morning, "What would be most life-giving for me today?"





This year, may you discover what truly is life-giving to you, and may the glory of God be revealed in the process.

Peace and Blessings,  
Clarence

---

If this has been forwarded to you and you would like to receive future Connecting New emails, [subscribe here](#). An archive of past emails can be found on the Connecting New page of [www.clarenceheller.com](http://www.clarenceheller.com). Also, if you do not already receive A Piece of Goodness, a positive and often provoking daily excerpt from one of Clarence's poems, with convenient access to the entire poem for those who wish to engage it, [subscribe here](#).

Visit A Piece of Goodness on social media.



Connecting New | 968 Hannafield Court | Ballwin, MO 63021 US

[Unsubscribe](#) | [Update Profile](#) | [Constant Contact Data Notice](#)



Try email marketing for free today!