

Connecting New

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Recently, while praying in silence at the beginning of a spiritual direction session, I entered the depth of God's peaceful presence—deep blue, live yet so still, movement in slow motion. Then I noticed the sphere of divine concentration, a soft warm light, glowing gently. I was drawn so lovingly into the sphere and became one with it. Annihilated, renewed, reborn, pure love, being loved and loving back, in the peace beyond understanding. After a while, a drop of the sphere was birthed, gliding toward the surface, radiating benevolence and healing. The drop was me sent back into the world.



As a way of entering more deeply into the experience described above, I painted it. What I notice is that there are a number of other drops (other people coming and going), which makes sense to me.

I share this experience with you, hoping that it resonates with a unitive experience you have had or your desire to have such an experience. It is important to appreciate that we cannot cause these experiences (which are pure gifts), but at the same time can welcome them by embracing our desire and making space (prayer time) for them to occur. However, it is not at all unusual that such experiences happen outside of the times we set aside for prayer.

May God's love continue to heal the world, and may we be a part of that healing.

Peace and Blessings,
Clarence

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