

Connecting New

January, 2025

This month, I share an image of how love can grow over the course of our lives. Key moments, experiences and relationships take us deeper into love, and from there, this love affects all the other aspects of our lives. The second poem speaks to one of these key moments for me. I invite you to reflect upon these moments in your life and give thanks for them. (A three-dimensional logarithmic spiral is like a stretched-out slinky whose diameter continually increases from one end to the other.)

A Life in Love

A life in love travels as a three-dimensional logarithmic spiral,
ever-deepening, ever-expanding.

And along the way there are key moments that open us even more —
experiences, chance encounters, choices, crises, and graces too many to
know.

Because these thresholds may be common does not lessen their importance
or impact.

To name a few...being loved as a young child,
falling in love as a young adult,
serving any one in any way,
becoming an authentic part of a community,
becoming a parent,
doing the dedication of caregiving,
(my favorite) being born into the life of a grandparent,
and perhaps the most sacred and least appreciated, receiving the care of
others.

We are cautioned to avoid spiraling out of control,
but truly, truly a life in love will spiral into the fullness
of generativity, freedom, dependence and vulnerability...
in the end and all along the way
grateful.

Mature

Looking at him I knew that
the arc of my life had reached lifetimes beyond
what I ever dreamed possible,
not to fall in love, but to transform
into love because he was in my life.
It's a miracle beyond description

that touches all relationships — past, present, and future —
with family, friends, everyone, myself.
Love has ripened.
Love has ripened in me
and now all of existence is sacred and eternal,
and now I have encountered God as never before,
now that I am a grandparent.

May we continue to spiral ever more fully into the depth and breadth of Love.

Peace and Blessings,
Clarence

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