

# June, 2019

This month I share some poems about going away on retreat as well as a poem about participating in a retreat in everyday life.

Anticipation of Retreat

Take nothing to read, No journal or pen, Slow D O W N To the point of no motion, The absolute zero of the soul Attentive Patient Prolonged Listening

And welcome whatever happens, even if whatever feels like nothing.

And forget what you thought you knew - all of it.

And welcome God, as God wishes to be with you.

## Approaching

Traveling to my retreat, Jesus carried my suitcase. Pulling into the property, Jesus welcomed me at the gate. Turning down my bedspread, Jesus had left a chocolate on my pillow. With my retreat approaching, I wondered, "Who is looking forward to it more?" And so I pray for openness, knowing that I am, knowing that I am not, trusting God again.

#### **Retreat Woods**

Pines of every age fill the air flourishing ferns border needled paths enticing to go deeper to lose myself and find myself in you

### Bloody

On the way home from retreat overjoyed overwhelmed aching to hug loved ones gratefully weepy and part of me is clinging so tightly to what I fear may be left behind my fingernails are bloody.

## On Retreat in Everyday Life

lasked God for a hug, and I got arms. lasked God for a kiss, and I got the ability to see. lasked God for a sense of peace, and I got the responsibility of caring for a husband, three kids, a dog, and an aging parent. lasked God for clarity, and I got silence. I asked God for a sense of consolation, and I got a splinter in my finger, and then it got infected. lasked God for some insight, and I got a headache. l asked for awareness of God's presence, and I got freedom.

Oh Loving God, why must you love me so much that you keep reminding me that I am not God? Why won't you love me just enough to answer my prayers in the ways I wish? Why must you remain hidden in ambiguity and absurdity? Or at least then, why won't you let me be happy without you?

So again I closed my eyes and took some deep breaths, and I asked God to help me pray, and my child got the flu. I asked to spend time with God on the beach, and got led into the desert. I asked God for guidance, and I got you as my director.

This month, whether or not we go "on retreat," may we experience God's loving presence in a fresh and deeper way.

Peace and Blessings, Clarence

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