

Connecting New

May, 2019

Once again it is my pleasure to share a basket of short poems. If you have a favorite among these, please let me know which it is.

Downy

As I pray, a downy woodpecker visits,
reminding me of the struggle of living,
and the impulse to connect.
Like my thoughts, she doesn't linger.
Freedom and beauty encountered once more
when I stop long enough to receive it.

Grandma's Little Secret

Her kitchen counter displays a maple
syrup bottle filled with Jameson whiskey.
No wonder she's always in good spirits.

Later

Our first response to a prophet
is rarely gratitude for the challenge,
but later, after we have forgotten her,
we may discover the message and revel,
claiming the insight as ours.

Legacy

How you leave it is not how it will stay.
Preparation for the future takes more than one day.
The foundation is our daily expression of love.
Our legacy true history, not a future dreamt of.

Little

A little house
A little life
That is good
Cannot be measured

Loss

Losing my hair
but I don't mind
increasing my exposure

Lost

Lost her unborn son
Born an unhealable wound
Numb pain-filled empty

Problem

Groundhog crossed my path
Bumpers are costly repairs
Greater cost for him

Simple Sky

white wispy wandering
blue boundless beauty
circumstance causing certain
gratitude

Still

Months later and I catch myself barking as I enter home, still.
Occasionally I start to top off her water bowl from my glass, still.
In the night, I caution not to trip over her,
and TV watching I'll glance to her corner, still.
Dear Maya, I gave you my heart and my laughter,
and you hold them, still.


Trusting

Watching snow fall silent
watching life unfold consenting
trusting again and always

Turns Out

I saw her
prayer beads swinging
as she suburban sidewalked.
Turns out
only her ear bud was dangling.

Peace and Blessings,
Clarence

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Clarence Heller is a spiritual director, poet, and dreamer whose writing and paintings are inspired through prayerful reflection.

Contact: clarence@clarenceheller.com

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Connecting New
968 Hannafield Ct.
Ballwin, MO 63021

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