

Connecting New

January, 2019

There is a special beauty about winter, and an invitation to engage our sense of being. If we consent, we can rest for a time from our activity and our work becomes paying attention, noticing our connection with all of creation and the creator, allowing our true selves to be renewed and affirmed.

Floating

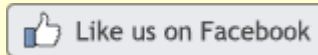
gray, blue, white sky
gray, blue white day
don't try to pray
instead be with God as I am
accepting myself as I am
embracing the day as it is
floating through life this moment



May this winter be fruitful for us and through us to all those our lives touch.

Peace and Blessings,

Clarence



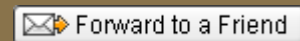
Clarence Heller is a spiritual director, poet, and dreamer whose writing and paintings are inspired through prayerful reflection.

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