

Connecting New

June, 2017

Many of us become more open to experiencing God when we are in nature. Quoting John Muir, "Everybody needs beauty as well as bread, places to play in and pray in, where nature may heal and give strength to body and soul." And then what we receive we share. This month I offer three poems and a painting that resonate with this truth.

Adoration Chapel

Quiet being with Christ
under swirly cloud evening sky
grateful again to be here with you
grateful again for all



Natural

It's only natural to talk to the birds,
actually to talk back to them.

Like other people, we're not so different,
even if we speak another language.
It's probably more sane to respond with a chirp
in human parlance than to ignore our feathered friends.

And then there are the bees and butterflies, and trees of course.
I couldn't resist conversing with them.
I simply could not resist.

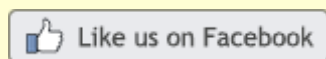
And what of the unspoken connections,
sharing the same water and air,
sunlight and energy,
dreams and aspirations?
I simply could not, could not resist
because our connection is natural.

Always

There's a cloudfree sky gentle peace
like a sweet forehead kiss
abiding
abiding within me
God reveals it sometimes
what is always there

May we become ever truer to our nature.

Peace and Blessings,
Clarence



Clarence Heller is a spiritual director, poet, and dreamer whose writing and paintings are inspired through prayerful reflection.

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