

# Connecting New

July, 2016

A very gifted spiritual director once told me that she felt the most sacred of times is ordinary time. I tend to agree with her, not only because God is surely with us and we with God every moment; but more because as our awareness continues to awaken and as our sense of integration of ourselves with all of existence deepens, we know that ordinary time is indeed sacred time.

This month I share a poem and painting portraying this point - what is clearly held as a sacred ritual has become integrated in the daily life of a mother and her infant. You may notice the ordinariness of the painting, while at the same time there are representations of angels swirling all about.

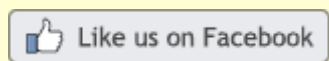
## Baptism

Precisely two months after his birth,  
she administered the ancient ritual,  
in the kitchen sink,  
guised as an ordinary bath.  
She hummed sacred melodies  
and silently spoke the words of salvation...  
    Know, blessed child, your own goodness.  
    Hear, dear one, that you are loved for who you are.  
    Live, precious infant, the life that only you could live.  
    Reveal, son of God, your divinity to all.  
    Be, holy one, who you are.  
And the clouds opened and the angels were singing.  
Anointed with baby shampoo, love and kisses,  
the angels were singing.



May we all come to claim our own divinity!

Peace and Blessings,  
Clarence



Clarence Heller is a spiritual director, poet, and dreamer whose writing and paintings are inspired through prayerful reflection.

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