

Connecting New

January, 2016

This month I share a painting entitled "Stop, turn around and look." It's a good time of the year to do that, many would agree. I also share two poems about what we may notice when we do pause for some reflection and how we may resolve to live going forward.



Beauty

The beauty of my spirit, my being,
is oft hid,
from myself and from others,
through the plowing ahead and the pushing forward.
Although it is true that all beauty is transitory,
our deepest experiences move slowly and gently
enough for us to participate in them,

drawing us into the wonder,
the mystery, the majesty.

Today

Today I am waiting,
paying attention and waiting,
waiting for the universe's next invitation to grow,
to live more fully, to be the
expanding consciousness of existence.
This waiting is a form of active living,
not sitting on the sofa as life passes by,
but walking in the direction of the earth's revolution,
the cosmos's evolution to fulfillment.
It will come, it has and always will again,
this invitation to more.
So today, this moment today, I say,
"Have your way with me Great Mystery.
Let us serve each other."

May God continue to surprise us with creative expressions of love, including those we at the
time would rather not have.

Peace and Blessings,
Clarence

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