

Connecting New

August, 2015

This month the theme is goodness. The first of two paintings (entitled "Fountain of Goodness") attempts to express my experience of spending some time with a group of friends engaged in a ministry in Milwaukee. The second (entitled "Empty") relates to a very sad and painful experience, yet at the same time, knowing at a deep level that life is good. Finally, I share a poem that honors the fact that all goodness originates in God.





Flow

Let goodness flow...through me.
Let me not limit benevolence
but instead add to it...
my energy, my intention, my presence.
Let me act with the conviction
that I am in tune with God's desires,
and let me go deeper and deeper
into being one with all.

May goodness, beauty, love and freedom pour out into the world through each of us!

Peace and Blessings,
Clarence

Like us on Facebook 

Follow me on  twitter



Clarence Heller is a spiritual director, poet, and dreamer whose writing and paintings are inspired through prayerful reflection.

Contact: clarence@clarenceheller.com

To order copies of *Everyday Sacred: Meditations and Paintings to Inspire Reflection and Prayer*, learn more about Celebrating the Sacredness of Everyday Life Events and much more, visit www.clarenceheller.com.

If this has been forwarded to you and you would like to receive future editions of *Connecting New*, you may register at www.clarenceheller.com.

You are receiving this email because our paths have crossed at some time.
Our mailing address is:
Connecting New
968 Hannafield Ct.
Ballwin, MO 63021

 Forward to a Friend

[Forward email](#)



This email was sent to info@clarenceheller.com by info@clarenceheller.com | [Update Profile/Email Address](#) | Rapid removal with [SafeUnsubscribe™](#) | [About our service provider](#).



Try it FREE today.

Connecting New | 968 Hannafield Court | Ballwin | MO | 63021