

Connecting New

May, 2018

Gazing across a parking lot while waiting for a friend, the spirit of an ordinary extraordinary tree in the distance spoke to me...and I listened.



Like That

Close your eyes and see a mature oak.

Below the surface visualize the millions of microscopic fibers absorbing the nourishment offered.

Stay there and admire that beauty.

Take your time to notice the thousands of branch tips and budding leaves knowing and living their true purpose.

Imagine that tree's cycle through the seasons, in tune, in harmony, adapting, thriving, struggling,

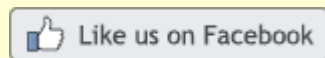
surrendering, ever changing.

Receiving and receptive, alive and authentic,
vulnerable and strong, transient and connected.

Like that, I yearn to be like that.

May we become ever more aware of how God is speaking to us through
nature.

Peace and Blessings,
Clarence



Clarence Heller is a spiritual director, poet, and dreamer whose writing and paintings are inspired through prayerful reflection.

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