

# Connecting New

January, 2015

Many of you are familiar with the quote from St. Irenaeus (of the second century), "The glory of God is the human person fully alive." I wonder though, what this would actually look like for us, and I suspect that since each of us is different, how it would look would be different for each of us as well. For some, it may be dancing as though no one is watching. For another, embracing a dear one with total, loving focus. And perhaps for someone else, experiencing a pinnacle of creativity.

I pondered this question and attempted to answer it with two paintings, which I share below. Even more however, I invite you to look within yourself to consider this question, and to ask for God's help in articulating an answer to it. Perhaps you too could express an answer visually, through painting, drawing or photography. Another approach is to embrace this message as a daily practice by asking each morning, "What would be most life-giving for me today?"





This year may you discover what truly is life-giving to you, and may the glory of God be revealed in the process.

Peace and Blessings,  
Clarence

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Clarence Heller is a spiritual director, poet, and dreamer whose writing and paintings are inspired through prayerful reflection.

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